

Leaders of safety for the **future.**

International General Certificate in Occupational  
Safety and Health (IGC)

Course Factsheet



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NEBOSH (National Examination Board in Occupational Safety and Health) offers various qualifications ranging from Health and Safety, Environment Management, Oil and Gas Safety Operations and more.

Founded in 1979, NEBOSH has awarded thousands of qualifications worldwide from various industries and work experience levels.



Established in 1992, Al Moalem Institute has been providing comprehensive training in the Kingdom of Bahrain.

With over 100+ internationally recognized certifications and qualifications, Al Moalem Institute has been human resource potential and continually shaping careers of today's workforce and the future generation.

## **International General Certificate in Occupational Safety and Health**

Through our NEBOSH International General Certificate (IGC), training and certification program, you prove industry employers that you have the perfect skills and knowledge in performing risk assessments, minimizing workplace risks, and developing and improving safety action plans to maintain an organization's health & safety culture.

### **How long does it take to complete the course?**

The duration of this course is 70 guided learning hours to complete.

### **Who is this course for?**

This course is ideal for:

- Supervisors or managers who hold health and safety management responsibilities at work
- Currently employed or looking to pursue a long and successful career in health and safety.
- Those who are looking to progress towards higher-level NEBOSH qualifications or equivalent.

### **What topics does the course cover?**

This course will cover the following programs:

- Why we should manage workspace health & safety How health & safety management systems work and what they look like
- Managing risk - understanding people & processes Health and safety monitoring and measuring Physical and psychological health Musculoskeletal health
- Chemical and biological agents
- General workspace issues
- Work equipment
- Fire
- Electricity

### **What will I gain after completing this certification?**

At the end of the course you should be able to:

- Justify health and safety improvements using moral, financial and legal arguments
- Advise on the main duties for health and safety in the workplace and help their organization manage contractors
- Work within a health and safety management system, recognizing what effective policy, organizational responsibilities and arrangements should look like
- Positively influence health and safety culture and behavior to improve performance in their organization
- Do a general risk assessment in their own workplace – profiling and prioritizing risks, inspecting the workplace, recognizing a range of common hazards, evaluating risks (taking account of current controls), recommending further control measures, planning actions

- Recognize workplace changes that have significant health and safety impacts and effective ways to minimize those impacts
- Develop basic safe systems of work (including taking account of typical emergencies) and knowing when to use permit-to-work systems for special risks
- Take part in incident investigations
- Help their employer to check their management system effectiveness – through monitoring, audits and reviews

### **How is it assessed?**

- Unit IG 1: Management of health and safety
  - Question paper (one 20-mark question and ten 8-mark questions)
- Unit IG2: Risk Assessment
  - Practical Assessment

### **Do I need any prior qualifications to start this course?**

There are no formal requirements to join this course. However, it is recommended that learners have a minimum standard of English equivalent to an International English Language Testing System score of 5.0 or higher.

### **I completed and received my certification, what happens next?**

Those who successfully gain this qualification can progress to other NEBOSH qualifications. The NEBOSH IGC course provides a perfect introduction to other NEBOSH qualifications including NEBOSH International Diploma in Occupational Health and Safety.

### **What employment opportunities can I apply for after gaining this qualification?**

Our NEBOSH IGC course is perfect for those who are aiming for roles in an organization such as:

- HR Managers
- Professionals working in a physically demanding and hazardous environment
- Facilities supervisors
- Safety professionals

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## Reach us

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